

Citywide Breakfast

Free breakfast for all students

FEBRUARY 2012

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BAGEL BONANZA NY Style Bagels Cream Cheese and Spreads Variety of Fruit Yogurts	2 RISE AND SHINE Tasty Waffles served with syrup Hot Cereal Choice	3 POWER UP Buttermilk Biscuit served with jelly Maple Glazed Turkey Sausage Patty
6 POWER UP Breakfast Sausage Roll Hot Cereal Choice	7 TRAYLESS TUESDAY SANDWICH CREATIONS <u>The Morning Round</u> Fluffy Egg Omelet with Turkey Canadian Bacon In a NY Style Bagel	8 BAGEL BONANZA Sunrise Carrot Bread Mozzarella String Cheese	9 RISE AND SHINE Fluffy Pancakes served with syrup Hot Cereal Choice	10 MUFFIN MANIA Assorted Baked Muffins served with Jelly
13 FUEL UP THE WHOLE GRAIN WAY Whole Grain Blueberry Loaf Hot Cereal Choice	14 TRAYLESS TUESDAY SANDWICH CREATIONS <u>The Morning Round</u> Fluffy Cheese Omelet in a Soft Whole Wheat Wrap Served with Salsa	15 BAGEL BONANZA NY Style Bagels Cream Cheese and Spreads Variety of Fruit Yogurts	16 RISE AND SHINE Home-style French Toast Warm Peach Topping Hot Cereal Choice	17 POWER UP Buttermilk Biscuit served with jelly Maple Glazed Turkey Sausage Patty
20 MIDWINTER RECESS Country Corn Bread Hot Cereal Choice	21 TRAYLESS TUESDAY MIDWINTER RECESS Fluffy Egg Omelet with Turkey Canadian Bacon In a NY Style Bagel	22 MIDWINTER RECESS Whole Grain Apple Loaf Mozzarella String Cheese	23 MIDWINTER RECESS Tasty Waffles served with syrup Hot Cereal Choice	24 MIDWINTER RECESS Assorted Baked Muffins served with Jelly
27 POWER UP Breakfast Sausage Roll Hot Cereal Choice	28 TRAYLESS TUESDAY SANDWICH CREATIONS <u>The Morning Round</u> Fluffy Egg Omelet with Cheese in a Whole Wheat English Muffin	29 BAGEL BONANZA NY Style Bagels Cream Cheese and Spreads		



Offered Daily: assorted cold cereal, fruit choice or 100% fruit Juice, milk (1% low fat, and fat free)

Menu subject to change